

G7-S21 LATERAL RAISE

PROLINE FITNESS®



MATRIX

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G7-S21-LATERAL RAISE

FEATURES

Frame And Cable	Frame finish -Proprietary two-coat powder process Frame color - Iced Silver Machine anchoring - Independent machine hold down brackets Cable transmission - Internally lubricated cables & fittings
Weight Stack	Consistent 52" stack height - Yes Weight stack guarding -Full front and rear shields Total stack weight - 90kg / 200 lbs. Incremental weight system - 1.1 kg / 2.5 lbs., 2.2 kg / 5 lbs., 3.4 kg / 7.5 lbs. Weight plate increments - 4.5 kg / 10 lbs.
User Amenities	Front placards - Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine adjustment & adjustment point call outs Rear placards - Color-coded machine identification Placard color coding - Blue (lower body) Personal storage - Dual size bottle holder, tactile storage mat and towel holder Contoured seat - Yes Rep counter - Electronic counter displays reps, exercise time and rest time
Adjustments	Color coded pivots & points of adjustment - Yes Machine assisted user adjustments - Spring assisted back pad User adjustment range - 8 User start options

TECHSPEC

Overall Dimensions	130 x 108 x 132 cm/ 51" x 43" x 52"
Product Weight	277 kg / 610 lbs.
Rep Counter Machine Usage Tracking	Service mode tracks total machine reps and hours of use
Rep Counter Power Supply	2 AA batteries