

**G7-S23**  
**CONVERGING**  
**SHOULDER PRESS**

**PROLINE FITNESS®**



# G7-S23-CONVERGING SHOULDER PRESS

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## FEATURES

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<b>Frame And Cable</b>	Frame finish -Proprietary two-coat powder process Frame color - Iced Silver Machine anchoring - Independent machine hold down brackets Cable transmission - Internally lubricated cables & fittings
<b>Weight Stack</b>	Consistent 52" stack height - Yes Weight stack guarding -Full front and rear shields Total stack weight - 108kg / 240lbs. Incremental weight system - 1.1 kg / 2.5 lbs., 2.2 kg / 5 lbs., 3.4 kg / 7.5 lbs, Weight plate increments - 4.5 kg / 10 lbs.
<b>User Amenities</b>	Front placards - Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine adjustment & adjustment point call outs, Rear placards - Color-coded machine identification Placard color coding - Yellow (upper body) Personal storage - Dual size bottle holder, tactile storage mat and towel holder Contoured seat - Yes Rep counter- Electronic counter displays reps, exercise time and rest time
<b>Adjustments</b>	Color coded pivots & points of adjustment -Yes Machine assisted user adjustments - Spring assisted seat, gas assisted chest pad User adjustment range -7 position seat

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## TECHSPEC

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<b>Overall Dimensions</b>	160 x 145 x 132 cm/ 63" x 57" x 52"
<b>Product Weight</b>	375.5 kg / 826 lbs.
<b>Rep Counter Machine Usage Tracking</b>	Service mode tracks total machine reps and hours of use
<b>Rep Counter Power Supply</b>	2 AA batteries
<b>Rep Counter Battery Life</b>	Approximately 3 years