

MATRIX E3x

Elliptical
cross trainer

PROLINE FITNESS®



MATRIX

www.prolinefitness.in

MATRIX E3x

CONSOLE

Display Type	14-Seg Alphanumeric, 8x16 LED Graphic Display
Display Feedback	Time, Distance, Calories, Speed, RPM, Level, Heart Rate, METs, Watts, Profile
User Defined Multi	No - Accessible through Manager Menu: English,
Language Display	German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish
Program	Manual, Rolling, Intervals, Fat Burn, Random, Fit Test, Target HR, Constant Watts
On The Fly Program Change	Yes
Wireless Data Transmitter	No
Personal Fan	No

USER INTERFACE

Stride Length	53.3 cm / 21"
Incline-range	N/A
Q Factor	64 mm / 2.5"
Handlebar Design	Multi-position dual action and ergo-bend stationary
Thumb Switch Controls	Yes

RESISTANCE SYSTEM

Resistance Technology	Brushless Generator
Resistance Levels	25
Power Requirement	Self Powered - Powered 100v-240v - 50/60Hz AC
Minimum Watts	5 Powered / 21 Self-Powered
Minimum Rpm	10 Powered / 25 Self-Powered

TECHSPECS

Overall Dimensions	178 x 74.2 x 174 cm / 70"x 29.2" x 68.5"
Product Weight	181.2 kg / 398 lbs.
User Weight	182 kg / 400 lbs.

ENTERTAINMENT SOLUTION

Networking Capabilities CSAFE, FitLinxx Ready

Entertainment System FITCONNEXION Ready

**Ipod Nike Ipod
Compatible** No