

# SYROS PRO ELLIPT



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## FEATURES

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<b>Stride Length</b>	41 cm / 16"
<b>Flywheel</b>	8 kg / 17.6 lbs.
<b>Pedals</b>	3-Position Adjustable Pedal
<b>Step On Height</b>	16 cm / 6.3"
<b>Q Factor</b>	20.5 cm / 8"
<b>Extras</b>	Energy Saver Mode

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## CONSOLE

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<b>Display Type</b>	5.8" Blue/Yellow Backlit LCD with Profile Display and Fully Customizable Feedback Windows
<b>Workout Feedback</b>	Time, Distance, Speed, Calories, RPM, Pulse, Watts, Recovery and Body Fat
<b>Program Type</b>	16 Programs (Manual, 12 Preset Programs, HRC, User and Watts Control)
<b>Heart Rate</b>	Contact Grips and Wireless Receiver
<b>Entertainment</b>	N/A

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## RESISTANCE SYSTEM

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<b>Resistance System</b>	ECB Magnetic Brake
<b>Power Requirement</b>	Adapter
<b>Resistance Levels</b>	16 Electronically Adjustable

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## TECHSPEC

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<b>Overall Dimensions</b>	145 x 60 x 160 cm / 57" x 24" x 63"
<b>Gross Weight</b>	49.5 kg / 109 lbs.
<b>User Weight</b>	136 kg / 300 lbs.