

MATRIX E1x

PROLINE FITNESS®



Matrix Fitness

www.prolinefitness.in

Matrix E1x

Feature

Console

Display type	7" blue backlit LCD
Display feedback	Time, distance, calories, speed, level, watts, METs, heart rate, profile
Programs	Manual, interval+ (hill interval, random interval), goal+ (time goal, distance goal, calories goal), multi FX+ (constant watts, random), heart rate+ (target HR, weight loss), fit test, warm up, cool down
On-the-fly program change	Yes

User interface

Stride length	48.3 cm / 19"
Incline range	N/A
Q-factor	95 mm / 3.75"
Handlebar design	Multi-position dual action and ergo-bend stationary
Thumb switch controls	Yes

Resistance system

Resistance technology	JID hybrid generator
Resistance level	20
Power requirements	Self-powered
Minimum watts	18
Minimum RPM	30

Tech specs

Overall dimensions LxWxH	211 x 79 x 170 cm / 83" x 31" x 67"
Product weight	151 kg / 333 lbs.
Max. user weight	182 kg / 400 lbs.

Entertainment solution

Networking capabilities	CSAFE, FitLinxx™ Ready
Entertainment system	FITCONNEXION™ Ready
