

MATRIX R1X

PROLINE FITNESS®



Matrix R1x

Features

Console

Display type	7" blue backlit LCD
Display feedback	Time, distance, calories, speed, level, watts, METs, heart rate, profile
Programs	Manual, interval+ (hill interval, random interval), goal+ (time goal, distance goal, calories goal), multi FX+ (constant watts, random), heart rate+ (target HR, weight loss), fit test, warm up, cool down
On-the-fly program change	Yes

User interface

Handbar design	Seat side and front vertical ergo bend
Crank design	Three piece
Thumb switch controls	Yes

Resistance system

Resistance technology	JID hybrid generator
Resistance level	20
Power requirements	Self-powered
Minimum watts	12
Minimum RPM	30

Tech specs

Overall dimensions LxWxH	167.5 x 68.5 x 127 cm / 66" x 27" x 50"
Product weight	85 kg / 188 lbs.
Max. user weight	182 kg / 400 lbs.

Entertainment solution

Networking capabilities	CSAFE, FitLinx™ Ready
Entertainment system	FITCONNEXION™ Ready