

MATRIX R7X

PROLINE FITNESS®



Matrix R7x

Features

Console

Display type	7" LCD with User-defined multi-language display:English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese
Display feedback	Time, distance (kilometers or miles), calories, calories per hour, speed, RPM, heart rate, METs, watts, profile
User-defined multi-language display Programs	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese Manual, rolling, intervals, fat burn, random, fit test, target HR, constant watts
On-the-fly program change	Yes
Wireless data transmitter	Yes
Personal fan	Yes

User interface

Handlebar design	Seat Side and Front Vertical Ergo Bend
Crank design	Single Piece
Thumb switch controls	yes

Resistance system

Resistance technology	JID brushless generator
Resistance level	25
Power requirements	Self-powered / AC power option
Minimum watts	12
Minimum RPM	N/A/ 25 self-powered

Tech specs

Overall dimensions LxWxH	157.5 x 73 x 137 cm / 62" x 29" x 54"
Product weight	78 kg / 172 lbs.
Max. user weight	182 kg / 400 lbs.

Entertainment solution

Networking capabilities	CSAFE, FitLinxx™ Ready
Entertainment system	Integrated Vista Clear™ digital ready television
iPod / Nike + iPod compatible	Yes